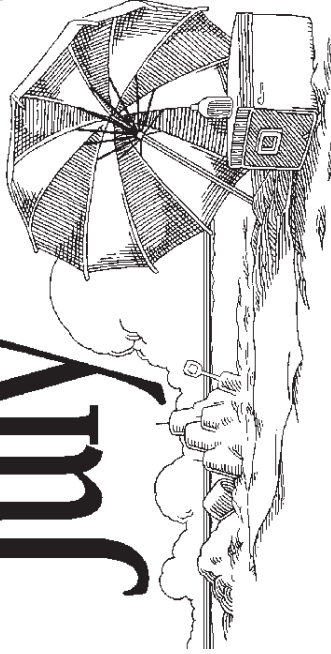


NORTHMINSTER NEWS

July

2009



Northminster Presbyterian Church
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Sacramento, CA 95821

Office Hours 9:30 am – 4:00 pm Mon – Fri
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UPCOMING EVENTS:

Music Camp, July 6 - 10

Musical Sunday, July 12

Mello Milers Trip, Tues. July 14

Cowboy Camp, July 31 - Aug. 2

N.O.W., Starts back up on Sept. 16

Coming soon.....

FIREPROOF

Your Marriage

See the movie "Fireproof"

Sunday, September 13, 2009

7:00 PM

Main Sanctuary

Child Care Provided

Attend the classes:

"Fireproofing Your Marriage"

Teachers Rev. Jack & Judi Raymore

Part of N.O.W. - Northminster on Wednesdays

From 7:00 to 8:00 PM

September 16, 23, 30

October 7 and 14

VACATION BIBLE SCHOOL

Word on the street is that you could probably hear the shouts of joy from over 135 children and youth who attended our Greatest Story Ever Told Vacation Bible School all the way to Folsom! This was our third year of embracing the joy filled chaos of a Vacation Bible School with youth counselors acting out the dramas of the Bible story. This year our VBS featured the stories of God's people responding to God's call to action: Noah building his ark, Moses leading the people of Israel out of slavery, Jonah responding to God's call to speak to the people of Nineveh, Shadrach Meshach and Abednego facing the fiery furnace rather than renounce their God and Daniel entering the Lions' Den rather than bowing down to an idol. Our youth preachers, Brittiny Cecchettini, Keele Shaw-Connelly, Miles Bennett-Smith and Tylar Binning all shared how the stories from the Bible influence their lives and our world.

We had 51 youth serve as counselors and Brenden See came up with a proposal to have VBS continue every week for the rest of the summer.

There was a cadre of over 35 adult volunteers who cooked, registered, mentored, drove, led crafts and songs, set up and cleaned up for the whole week and then came back Sunday to help with our VBS Sunday Service and Ice Cream Social! Thank you to all those people who helped.

The highlight of our week was our VBS Sunday Service where our youth and children lead the congregation in drama and song. From the opening "Al le la la la la le lu ya" to their rocking version of "Pharoah, Pharoah", our children embodied the words of our Lord when He said, "A little child shall lead them." Certainly we all experienced the Kingdom as the love of God was sown!

NORTHMINSTER YOUTH NEWS

July 6 - 10 MUSIC CAMP

This is NEW this year. We will have a camp from 9:00 to 4:00 each day, jam packed with putting a musical together in ONE WEEK and having awesome break out groups of your choice learning tons of new things like guitar, drumming, whackers, etc.....Very, very cool! Cost is \$25.00

Sunday July 12 MUSICAL SUNDAY SERVICE

We will be performing the musical we worked on all week as the Sunday Worship Service.

Wednesday, July 1, 15, 29 POOL PARTIES

More information on where and when to follow!

July 31 - August 2 COWBOY CAMP

Picture this. Two teams competing in all sorts of survival skills on 2,000 acres of a real working cattle ranch! Join us as Ranch Boss Norm Root hosts our cowboy weekend on his Double R Ranch in Northern California. Cost is \$25.00.

August 8 and 22 POOL PARTIES

More information on where and when to follow!

ALL SUMMER WESTMINSTER WOODS SUMMER CAMP

It doesn't get any better than this! Our amazing summer camp at Westminster Woods is a week that will mark the rest of your life. We want you to go so much that the Church will help assist you financially in a very big way!

August 17 - 22 WILDERNESS TRIP

This is a rugged wilderness trip. We will be backpacking, rock climbing, climbing a peak and having the adventure of a lifetime! The trip is open to all students grades 7 to 12. Adults that are interested should speak to Pastor Jeanie.

To the most wonderful people on earth, thank you for your prayers, calls, cards, visits, prepared meals, grocery shopping, fruit baskets and all the other million things that you have done to help me "get well". May God bless you and keep praying.

Kay Messmer

To all the people who made Vacation Bible School the success it was...**THANKYOU!!!**

Debbie Smith, Christian Education

NEW ADDRESS

Barbara Monge
6125 Hazel Ave #135
Orangevale, CA 95662

The Membership Committee will be ready with the Small Group Gathering sign-up sheets beginning in August. Please sign up early to get a date, time and location that works for you. Thank you very much!



Scott Draper and Brittiny Cecchettini
will be married on July 25th.
Congratulations!

NURSE'S NOTES FROM THE PARISH NURSE

Reuse & Recycle

“A fractured hip is a life-changing event.” And “the hip bone’s connected to the thigh bone, the thigh bone’s connected to the knee bone, the knee bone’s connected to the shin bone”, which, in turn, is connected to the ankle bone which is connected to the foot bone(s). When there is a problem in one of those joints the others will be affected, usually sooner than later. How is your balance? That’s one of the keys to preventing fractures. And if you have a problem with balance you probably need an assistive device like a cane or crutch(s) or a walker. There are a variety of canes, crutches and walkers, some with seats, available for check out from the parish nurse in the church office. (When returning one of these assistive devices, please return it to the parish nurse’s office so that it may receive a safety check & be sprayed with Lysol for use by the next person). Some insurance companies furnish such durable medical equipment, as well as commodes & other equipment & supplies. Many such items have been donated to the church. It actually cuts down on the overall cost of medical care for everyone when such equipment can be used and “recycled” for use by others, rather than every patient being given a brand new item. And if your insurance company does not furnish such equipment, it is available from the church free of charge!

The church also has at least one (sometimes 2) wheel chairs in the narthex to assist persons from car to church so it would not be necessary to transport a wheelchair from home. There are also 2 wheelchairs (W/C) available for short term checkout such as outings or doctors’ visits, etc. However, when going to a medical appointment or even a business appointment, call ahead to see if a W/C is available at the facility to prevent the need to transport the chair back & forth with the patient. Many places may actually have a W/C to comply with “Handicap Accessible” regulations. It’s worth a phone call not to have to transport the chair unless necessary. If at any time any equipment seems to be in need of service, please affix a note to the item stating what is needed. Please return all items to the parish nurse’s office so their availability can be tracked.

A wide variety of supplies also have been donated over time. Before purchasing bedside items such as basins & trays, or wound care dressings or other expensive, disposable items, check with the nurse. There may be some available.

The closet also contains benches that fit over the side of the tub, bars that fit over the toilet to assist with standing & sitting, elevated toilet seats, several different types & sizes of commodes for bedside, over-the-toilet or in the shower use, bedside rails, slings & other supports, a nebulizer, a CPAP, etc. etc. There is also a 36” heavy duty grab bar available for permanently mounting to someone’s bathroom wall.

“Ask, & it shall be given you; seek, & you shall find; knock, & it shall be opened to you.” Luke 11:9 & Matthew 7:7

IF THERE IS AN EMERGENCY, WHO DO WE CALL???

The Membership Committee is asking your help by providing the Church Office with an updated Emergency Contact Information Form.

A blank Emergency Contact Information Form has been inserted into this Newsletter.

Please fill out the form with the necessary information and return the form to Darlene at the Church Office by July 31st.

NEWSLETTER BY EMAIL

Just in case you missed the newsletter with sign-ups to get your newsletter by email, here is is again! If you are interested in receiving your newsletter by email the process is simple. Just email Debbie at the Church office and let her know. The office email address is: mailnorthminster@yahoo.com



MELLO MILERS

On Tuesday, July 14, the Mello Milers will be meeting in the parking lot at 8:15 AM to carpool over to McClellan Air Force Base for a program called “Journey Into Space”. The cost is \$10.95 per person. They will also be going out to lunch after the program at Lyon’s Gate. Call Mary Ann Burghgrave at 359-1721 for more details.



Look who's having a **Birthday!**

Karl Dinse	July 4
Cliff Lester	July 7
Susie McKinney	July 8
Darlene Edwards	July 14
Robert Walker	July 14
Ken Hassebrock	July 15
Debra Keeton	July 18
Lloy Harris	July 21
James Blodgett	July 23
Margaret Campbell	July 23
Nellie Lasiter	July 23
Iris Trimble	July 24
Brenda Evans	July 25
Sabrina Evans	July 25
Dianne Hylton	July 25
Charles Braden	July 26
Elizabeth Whiting	July 27
Kelly See	July 28
Kyle See	July 28
Marion Smith	July 28
Charline Green	July 29

Words from Pastor Jack

Some poet, whose name I forget, said it best, “the melancholy days are come, the saddest day of the year”. He was talking about summer coming to an end. He was writing as autumn began to approach and it was a poem of regret for the passing of another season, but somehow, it is different with summer appearing. I say this because it seems like yesterday I was writing for our October newssheet and decrying the passing of summer 2008. At that moment I looked sadly at my pencil and paper and asked, “where did it go?”

I say all this because it is now the beginning of summer for 2009. We can plan it instead of regretting its passing. I want to read you from a list of promises that I made to myself last summer. I was going to do something really special in the yard. I was going to relax and enjoy the sun and get a good suntan. I was going to exercise and get myself in much better shape. I was going to read some good books. I was going to pay special attention to my spirit and make sure some of that reading was enriching. I was going to spend some time with friends and family in special ways. I was going to entertain some friends in our backyard and share with them my barbeque talents. In short, I was going to use summer in an incredibly productive way. Mostly, I didn't.

Now the summer is in front of me and I can look back on my list with renewed enthusiasm and a sense of commitment to what the list represents in terms of this coming summer. I also want to add to it. This summer I want to spend time making peace with that neighbor of mine who just does not appreciate the two dogs that represent the Raymore family along with their mom and dad. This summer I want to forgive my enemies. This summer I want to develop more fully the habit of devoted prayer. This summer I want to look at all of the people God placed in my life, the ones closest to me and the ones furthest away in every sense, in a more loving way. This summer I want to work smarter and devote that work to All Mighty God in response to the many gifts he showered upon me and a few modest talents as well. This summer, most especially, I want to remember that my Lord Jesus has challenged me to use every moment of my life in his service and in productive ministry and mission. Maybe you will make your own list for this summer.

If you do make your own list, it will probably be somewhat similar to mine but different because you are you and I am me. Similarities and differences are wonderful things, we learn a lot from both. Regardless of the way your list turns out, isn't it better that we make these lists at the beginning of a time like summertime and fill them with possibility and hope. Wouldn't it be even better if we make reference to the list through the summer and hold ourselves accountable for values and activities that are there? If we do all this, with faith and commitment, it may be that the list we make at the end of summer will not be so filled with regret. That would be wonderful, wouldn't it?

Yours in Christ,

Jack